Turn It Loose

The Doobie Brothers

People all around me Everywhere I go I thought I had a grip on things Now I just don't know People turn their backs on me My feet are movin' slow I done time, I been shined Ain't gonna fight no more I'm gonna make it I'm gonna try Ain't no use to sit and cry Turn it loose; don't hold back Got to set your spirit free Turn it loose; listen to me, children It's the best kind of remedy Turn it loose; you got the power That's the way it's got to be Turn it loose; get on board It's just for people like you and me

Some friends, they hide it
Keep it deep inside
For the boy it's a struggle
Don't you know it's a lie
You got to be the real thing
It flows with the tide
You are the person
With the answer inside
I'm gonna make it
I'm gonna try
Ain't no use to hang your head and cry

Turn it loose; don't hold back
Got to set your spirit free
Turn it loose; listen to me, children
It's the best kind of remedy
Turn it loose; you got the power
That's the way it's got to be
Turn it loose; get on board
It's just for people like you and me