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Guard my heart
That i might not walk away
Guard my mouth
That i might not regret what i say
Guard my hands
That i might only reach them out
Guard my mind
That i might only think about
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Whatever is pure Whatever is lovely Whatever is true Whatever is worthy Think about it

Grant me strength
So i can stand tall
Grant me courage
So i can get up when i fall
Grant me faith
So i can trust when facing doubt
Grant me wisdom
So i can choose to think about