

Breathe
Don't speak
It's leaving your body now
Slow heart
Set free
A circuit of consciousness
When you are truly yourself
You will
Succumb to a permanence
A light by day
A shadow resides by night

I (I) hear (hear) your (your) breathing

I (I) feel (feel) you (you) leaving

With understanding
You won't let it cast you down
A mind full of questions
A current to purify
Science and vision
Be near when I call your name
Or ask me a question

I (I) hear (hear) your (your) breathing

Breathe
Don't speak
It's leaving your body now

I (I) feel (feel) you (you) leaving

Heart set free
A circuit of consciousness

I (I) hear (hear) your (your) breathing

Light by day
A shadow resides by night

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