Please, please stop crying Don't shed no tears It isn't worth it at all Forget your sorrows Leave them behind Get rid of the black clouds in your mind When you're down Get up and raise your head I don't want you to drown in your own tears Get your self out of this vortex Show the world that you don't care about the disappointments When you're down Get up and raise your head When you're down Get up and raise your head Go

Please, please stop crying
Don't shed no tears
It isn't worth it at all
Forget your sorrows
Leave them behind
Get rid of the black clouds in your mind
When you're down
Get up and raise your head
When you're down
Get up and raise your head
Don't be sad too long
Don't be sad too long
Cause the show must go on, yeah

When you're down
Get up and raise your head
When you're down
Get up and raise your head
When you're down
Get up and raise your head
When you're down
Get up and raise your head
Get up and raise your head