

## Truth Hurts

### Bullet For My Valentine

One more drink, one more pill  
Just one more lie to make me feel  
Like I have something left to give  
'Cause without it I'm just giving in

It's just a circle that's going  
It spirals down and it sends you to hell  
There's nothing here that can save me now  
I'm coming up just to come back down

(Come back down)

Truth hurts and I'm in pain  
Truth hurts like a bed of nails  
Letting denial eat me up inside  
The truth hurts, and it bleeds me dry

No more lies, no more games  
Is it too late to make a change?  
If hope is gone then what's the point  
Just pass my knife and it cuts my throat

A downward spiral takes control  
Another chance to sell my soul  
There's no one here that can save me now  
I'm coming up just to come back down

(Come back down)

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