Ooooh... Say, hey, hey, hey... See, cigarettes and coffee ain't good for you No I'm on my own and it's all I do (all I do) Seem to've lost my appetite over you Now I need to chill but my mind won't keep still Everyday, everyday, everyday... Confusion is the only word left I know Wish I had the answers why you blow hot then cold (then call) Illusion never ending deceivin' me (me) First thing you do, second you don't Everyday, everyday, everyday... Chorus You build me up - eey you build me up You tear me down -you tear me down You're so elusive, it's not conducive, no, no For us to be one too true we be two Me and you, and you, and you... So many of the fakers and chancers play (oh, yeah, yeah) You know you never get that from me, no way (no way) I crucify, you know I rectify No, no, don't ask me why (don't ask me why) For you I live or die (I'm dying) But I need no jacket, but a punch I will pack it Every time, every time, every time... Stop reckoning my love ain't enough for you Now you're understanding the things I do (understanding the things I do) I die trying it's a riot and no taboo I need to lick it but you never stick it Too long, too long, too long... Chorus You build me up -you build me up You tear me down -you tear me down You're so elusive, it's not conducive, no, no For us to be one too true we be two Me and you, and you... No-oh...aah... Pa, da, da..., aah... pa, da, da... No, no, no, no, no... You build me up You build me up -you build me up You tear me down - and you tear me down You're so elusive, it's not conducive, no, no For us to be one too true we be two Me and you, and you, and you... You build me up - (ooh) you build me up

You tear me down -you tear me down

For us to be one too true we be two

You're so elusive, it's not conducive, no, no

Me and you, and you, and you...

You build me up, yeah