If you feel the whole world is against you And you're irritated about what someone said Remember

You control the thoughts that you are thinking It's a choice you make and it's all inside your head

When you're late for work and stuck in traffic And you feel like Michael Douglas in "Falling down" And then some stupid driver makes you go ballistic Just kick back, relax And ignore that screaming down

So, Love this life Love this life, fill it up with sunshine A happy thought Is all you need to keep the clouds away

Love this life
Love this life, fill it up with sunshine
A little sunshine
And everything is gonna go your way

When you check the mirror in the morning You look pale and old and your waist's Hard to define And then your Doctor Slim is giving you a warning And you accept you'll never work for Calvin Klein

So, love this life....

Why do we worry about tomorrow today when Everyday proves us wrong about the worries we Had yesterday (2x)

In 5 billion years or more the sun stops burning And this world will be a cold and lonely place And although our mother earth will keep on turning She will have to cope without the human race So it's time to love this life and seize the day

So love this life...

So love this life
Love the ones that do not even deserve it
And if you can't
Just forgive them for the things they've done
Love this life
Love this life and let your troubled soul shine
A little shine
And everything is gonna go your way