In the Sand

So many times I've cried When dark clouds block the sunlight And it's raining in my heart I'll keep my head up high

So little time to try To find out 'bout the feeling That's deep inside of you And keeps the dream alive

So remember When you're down and out In the sand

So many minds are torn By overloading senses You're breathing in and out No second left to sigh

Can you tell me why Nobody will tell me What they're feeling deep inside We're all just telling lies

Every time you wonder Why the feeling lingers And it's stuck inside your soul You're crying when you smile

So remember When you're down and out When you're stuck in the middle When you can't solve the riddle Lay it down in the sand When you can't help but shiver Get your finger off the trigger Lay it down in the sand

Get it out your head Out of your hands Lay it down in the sand

So remember When you're down and out When you're stuck in the middle When you can't solve the riddle Lay it down in the sand When you can't help but shiver Get your finger off the trigger Lay it down in the sand

Get it out your head Out of your hands Lay it down In the sand