Release me
Release my body
I know it's wrong
So why am I with you now
I say release me
'Cause I'm not able to
Convince myself
That I'm better off without you

Yeah, it's perfectly clear
That love's not what you need
I tell you I don't care
But I don't want to
Anything that you say
I hear myself agree
And I don't recognize
What I've turned into

I don't know why I want you so 'Cause I don't need the heartbreak I don't know what addictive hold You have on me I can't shake No, I'm not in control So let me go

Release me
Release my body
I know it's wrong
So why do I keep coming back
I say release me
'Cause I'm not able to
Convince myself
That I'm better off without you

I could sleep by myself
I would burn me alive
Find me somebody else
But I don't want to
Try to leave out the love
That goes againt the grain
But I can rationalize it
If I have to

I don't know why I want you so 'Cause I don't need the heart break I don't know what addictive hold You have on me I can't shake No, I'm not in control So let me go

Release me
Release my body
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So why do I keep coming back
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