Why can't you ever just let anything go Don't you know that the past is the past You fight your feeling you heat your blood up Don't you know that you can't go back

So just take all your demons
Don't give them a reason
Don't let them control your mind
Cause they are the problem
So what will it take
What will it take for you to just let it go

The past is the past Let it go The past is the past Let it go

Why can't you ever just let sleeping dogs lie You don't want to wake up the pack They'll eat your heart out They'll lick your blood up If you feed them they'll keep coming back

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Don't give them a reason
Don't let them control your mind
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