

# Forever and a Day

Adept

(There is a new day rising  
Keep holding on, keep holding on) x2

If we close our eyes  
And slowly hold our breath  
Can we make the time stop  
From running out?

(Whoa oh, whoa oh)  
There is a new day rising  
(Whoa oh, whoa oh)  
Keep holding on, keep holding on

I know I'll be OK; I know there's hope

Time after time I have walked these streets  
But the death in our eyes has stared us blind  
But I believe that we can find  
Our way back to the ground

I am not afraid to live  
I will not give it in  
To the demons that dwell inside  
I simply will not die

We were the youth that always believed  
That our days would never end  
The sun would go up, be warm and to stay  
Forever and a day  
But I hope you know  
That there's a fire burning deep in all of us  
Forever and a day!

There is a new dawn breaking  
I can feel the breath of change  
Lift me up from the dark and shine  
A light of hope on me

Arm the masses  
We need to break free from these chains  
Arm the masses  
Until the day we start believe

We were the youth that always believed  
That our days would never end  
The sun would go up, be warm and to stay  
Forever and a day  
But I hope you know  
That there's a fire burning deep in all of us  
Forever and a day!

We are the voice of the youth!  
(Whoa oh, whoa oh) x4

Spread your wings across these acres of death  
And take a leap of faith because  
Our time's running out

If this is life - silence the world  
If this is love - silence the world  
If this is life - silence the world  
If this is love - silence the world  
Silence the world!