Absurd Minds

two forces-one is thought and the other is energy that activates the thought, giving it a plural term called consciousness. and these two forces are inextricably combined. so we say thought and energy creates the nature of reality.

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by thought an energy we create reality. we thought it, we brought it into the light. it came from thought I have to tell you, we made it smell and visual, we made it chime and feel. - now it is real.
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if your life is full of doubt and fear, it's because of how you think. and fear is your energy. if your life is about expectancy and joy, that's because of how you are. and love is your energy.