Take a moment if you dare Catch yourself a breath of air There's another life out there And you should try it

Dead ends hide on every street Look before you place your feet Cracks and fissures keep the beat And you're inside it

Every thought you never dared to think Every mood you always knew would sink Every line you spoke out loud in a jest All the time you took to be your best Soon forgotten

The sun must never touch your skin It could expose the dark within You're paranoid about the paranoia

And panic hits without a sign You worry about it all the time Every perfect moment is a hidden warning

'cause everything makes your pretty head spin And nagging thoughts are starting to sink in With everything this way it's better to forget Than end up in a place with something to regret

Your transatlantic shopping spree Your health forever guarantees Organic -bio-life's a breeze in cosy prisons

But hiding out in a salad bar Isn't gonna get you far And bottled wine is vinegar tomorrow

Everything around here makes your pretty head spin Its piling up high and you're back where you begin Moments you have tried so hard to forget Are promising to 've been the best one's yet

Everytime you shut your eyes it appears
Everytime you trace your steps back here
None of your convictions have the same old ring
No doubt you found a place for everything
In cosy prisons

So if you're careful You won't get hurt But if your careful all the time Then what's it worth?