Hope You Don't Mind

Imma get on my sorta emo shit on this one, gonna vent a little, I hope you don't mind. Yeah, listen. I hope you don't mind if I spill my pain The longer that I don't is like i'm goin' insane Can I let it all out? Can I let it all out? See I hope you don't mind if I spill my pain The longer that I don't is like i'm goin' insane Can I let it all out? Can I let it all out? I wish I had a time machine To change the way my mind perceives everythin' my eyes have seen And make me look at life through a wider screen It ain't what you might believe's happenin' behind the scenes I treat the beat like an X-ray Press play looking inside The best way to express pain Fucking up is becomin' somethin' i'm used to Cos sometimes to find yourself you gotta lose you To those listenin' sorry for bein' emo But fuck what the doctor says This is what I need though Yeah, and so i'm walkin' into that cloud where it has to hurt just to bring you back down Almost became addicted to the painkillers cos without that feelin' yo the pain's killer You'd think having a near death experience'd Make a smart person take their life more serious From nearly diein' to feelin' so enlightened To nearly cryin' and feelin' only frightened Releasin' this is hard yo it fuckin' hurts a bit It's the only way I know how to come to turns with it And this is Matt here i'm givin' you the real me I just hope that you can feel me And I know you're probably thinkin' I should keep it to mvself But I can't yo I need it cos it helps I hope you don't mind if I spill my pain The longer that I don't is like i'm goin' insane Can I let it all out? Can I let it all out? So I hope you don't mind if I spill my pain The longer that I don't is like i'm goin' insane Can I let it all out? Can I let it all out? And with the partyin' I think I need to settle down

To be real i'm gettin' a little messy now A few drinks and stressin' out i'm in another state Looking for my mum to come and get me out I've got no idea when i'm coming home And all I want is to be left the fuck alone I'm only being real the depression comes and goes Ignore it cos tonight there is yet another show

Looking in the mirror like what the fuck am I starin' at? Not recognizin' the brittle mess that is staring back So i'm givin' you the deepest shit you ever hear So if you've got time for Matthew then lend an ear I'm just hopin' that i've said it clear If I stay on this path the end for 360 is gettin' near

I know you're thinkin' I should keep it to myself But I can't yo I need it cos it helps

I hope you don't mind if I spill my pain The longer that I don't is like i'm goin' insane Can I let it all out? Can I let it all out?

So I hope you don't mind if I spill my pain The longer that I don't is like i'm goin' insane Can I let it all out? Can I let it all out?

I see my mates like my brothers yo I hardly see 'em anymore The last time was a month ago They either workin' or gettin' in relationships I should do that too but yo I hate this shit Don't get me wrong yo I love women With what I see though it makes me hard for me to put my trust in 'em All it takes is one person to fail you And then you feel like majority will fail too My insecurities will swallow me whole And when they arise yo i'm not in control They watchin' every move and they move with me Like "Look at that dude 60, that motherfuckers's too skinny."

I can handle friends tellin' me i'm underweight But from a stranger it's somethin' that I fuckin' hate I know you're unaware that shit's a low blow But you feel the need to tell me like you think I don't know? No, that's rude, find a bridge and jump off And if I tell you to fuck off then fuck off That's not bein' immature about it That's me admittin' i'm insecure about it And yo i'm sorry if i'm seemin' insane But I wrote this while I was at the peak of the pain

But now it's got me thinkin' I should keep it to myself But I can't yo I need it cos it helps

I hope you don't mind if I spill my pain The longer that I don't is like i'm goin' insane Can I let it all out? Can I let it all out?

So I hope you don't mind if I spill my pain The longer that I don't is like i'm goin' insane Can I let it all out? Can I let it all out?