

I got this great idea about why I got stuck in reverse  
I was so out of control it just got worse  
I hope you got more sense than I, side step the curse  
I don't know which came first  
In the spiral threatening me, my survival  
It's come, time to get down

It's time to get down  
Boots to the ground  
Know we don't stop 'til they hear the bell sound  
Keep your head up  
Cause the truth just cut  
No quick fix when I'm caught in a rut  
What I got to do to get right size  
Think I'm despised when I look through the eyes  
Of another  
Not mine to discover  
What the next man think is none of my fucking business

And then I say what is this  
Illusion I can't fix it  
You name it, hey  
The story stays the same  
Any trouble you can name  
Just goes straight into accepted  
You name it, hey

It's time to get down  
To the ground  
So simple yet profound  
In the now  
Is why we're here  
Inspiration  
I've been waiting all my life  
I'm set free, it's happened  
I won't look back and think twice  
It's how it's meant to be  
Something's happened  
A sudden slap in the right place  
In my face, I thank you  
You always came through for me  
It's how it's meant to be

Gonna get down because I can't stay high  
All of the time, cause I see the sign  
So I re-align with an open mind  
Adamant and circumvent  
I get by every night and day  
Get by with my comfort way  
An Open space to an open way  
I just unwind, I just unwind

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